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The Benefits of Saving Now

This video discusses the benefits and advantages of starting to save now and how it may impact your retirement. We'll also share some practical and easy steps to take to jump-start your savings.

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To download a copy of the transcript, [click here](#).

Have questions? Need help? Call the CAPTRUST Advice Desk at 800.967.9948, or [schedule an appointment](#) with a retirement counselor today.