

# Life

Lessons in  
Financial  
Experiences

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## LIFE | The Basics of Roth Accounts

A Roth account is one way to save money for retirement. Depending on your personal financial picture, Roth savings may also help you reduce your tax bill. In this Lessons in Financial Experiences (LIFE) video, learn about Roth accounts and how they differ from other retirement savings vehicles, like employer-sponsored plans or individual retirement accounts (IRAs).

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To download a copy of the transcript, [click here](#).

Have questions? Need help? Call the CAPTRUST Advice Desk at 800.967.9948, or [schedule an appointment](#) with a retirement counselor today.